

Supporting Language & Literacy

6 Months: Narrate the Day


Long before baby says their first word, your baby is learning that sounds and movements mean something through their conversations with you. Babies build their vocabulary by linking words to things, people, actions, and thoughts.

Tips & Activities



Introduce baby to different sounds and voices—whisper, clap, or make funny noises.


Point out new things to your baby and name them.




Help your baby learn they can calm down—talk softly, hold, rock, or sing.



Use “back-and-forth” play with your baby. When baby sticks out their tongue and makes a noise, copy them.



Help babies make connections. Talk about what they’re doing while they’re doing it.



Common Language Milestones



- Blows “raspberries” (sticks tongue out and blows); makes squealing noises; laughs
- Makes sounds through babbling using consonants, e.g. “da da da”
- Explores toys by looking at them or putting them in their mouth
- Notices and reacts to toys that make sound
- Recognizes and responds to their name
- Uses babbling to get attention

Early Detection *is* Intervention

Your child is always learning! As a caregiver, you have an amazing opportunity to guide them on a path to success.

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Talk with your child's healthcare provider if your child:



Avoids eye contact

Does not respond to sounds or voices

Does not smile or laugh

Does not make any vowel sounds



Source: Pathways.org

Additional Resources

[Pathways: Communication](#)

[Harvard University: Center on the Developing Child](#)

[Cox Campus](#)

[The Basics](#)

[CDC Milestones](#)